

# Warm Up Routine

Inspired by Paul Compton

Evan Beachy

**J = 60**  
Opt. gliss



18



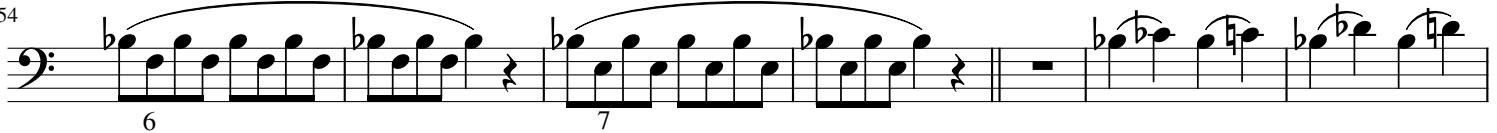
36



48



54



61



69



82



97



112

123

133

142

147

Increase Tempo as exercise becomes easier  
Repeat 3x

151

156

161

**J = 100** Keep exercise slow to strengthen "Ku"  
TuKu

175

$\text{♩} = 100$

Repeat with faster tempo until failure

186

Bass clef musical staff showing two measures of eighth-note patterns. The first measure is labeled "Tu" and the second is labeled "TuKu".

189

Bass clef musical staff showing four measures of eighth-note patterns.

$\text{♩} = 120$

Repeat with faster tempo until failure

193

Bass clef musical staff showing three measures of eighth-note patterns, followed by a measure of rests, and then a measure of sixteenth-note patterns labeled "TuKuTu".

198

Bass clef musical staff showing four measures of eighth-note patterns labeled "3" under each measure. The tempo is indicated as "Major Scales" at  $\text{♩} = 80$ .

201

Bass clef musical staff showing four measures of eighth-note patterns labeled "3" under each measure.

204

Bass clef musical staff showing four measures of eighth-note patterns labeled "3" under each measure.

207

Bass clef musical staff showing four measures of eighth-note patterns labeled "3" under each measure.

210

Bass clef musical staff showing four measures of eighth-note patterns labeled "3" under each measure.

213

Bass clef musical staff showing four measures of eighth-note patterns labeled "3" under each measure.

216

Bass clef musical staff showing four measures of eighth-note patterns labeled "3" under each measure.

219

222

225

228

231

234

237

240

242

243

This page contains ten staves of musical notation for bassoon, starting at measure 219 and ending at measure 243. The notation is in bass clef and uses four-line staves. The music consists of various note heads (solid black, open, and with stems) and rests. Measures often begin with a long note followed by a bar line and a series of eighth or sixteenth notes. The music shows a progression from a key with one sharp (F#) to a key with three sharps (B major), indicated by a key signature change at measure 237.

245 Natural Minor Scales

248

251

253

257

260

263

266

269

272

The image shows ten staves of music for bass clef. Each staff begins with a note and consists of a sequence of eighth and sixteenth notes. The first staff starts with a B-flat. The second staff starts with a G. The third staff starts with an E. The fourth staff starts with a C. The fifth staff starts with an A. The sixth staff starts with an F. The seventh staff starts with a D. The eighth staff starts with a B-flat. The ninth staff starts with a G. The tenth staff starts with an E. The music is divided into measures by vertical bar lines.

275

278

281

284

286 Melodic Minor Scales

290

293

295

299

302

305

308

311

314

317

320

322

Harmonic Minor Scales

326

329

331

335

Bass clef, common time.

338

Bass clef, common time.

341

Bass clef, common time.

344

Bass clef, common time.

347

Bass clef, common time.

350

Bass clef, common time.

353

Bass clef, common time.

356

Bass clef, common time.

358

Bass clef, common time.