# THE <br> INTERMEDIATE STRING CLASS 

by<br>Samuel Gardner \& Herbert S. Gardner

For full string ensemble classes (violins, violas, 'cellos and basses together) in their second or third year of study. Introduces young players to:

> ensemble playing major keys to four sharps and four flats minor keys shifting on the outside string as a range extending device counterpoint playing enriched piano accompaniments

Photocopyable instrumental parts are included with the Teachers Manual and Full Score

# HOW THIS BOOK CAME TO BE WRITTEN 

Dedication

The Intermediate String Class is the result of nearly 30 years of development, testing, re-write and re-testing in public school classrooms. It was begun in response to the need for a mixed-string method (for violin, viola, 'cello and bass) which would bridge the gap between the beginning level pupil, whose experience was usually limited to small, like-instrument unison groups and the middle-level player who could function in a string ensemble or orchestral setting.

When I began teaching in the public schools of the Bronx, NY, I was teaching classes of 25 or more pupils in a mixed-string context. I applied the conservatory approach to the beginners with an emphasis right from the start on the ear-training component of instrumental development. I soon discovered that there were no appropriate materials to support such a training plan. Most of the extant methods were based on mechanical notions promoting rigid left-hand positions which I knew were detrimental to the training of competent string players. I preferred using a musical approach.

I appealed to my father and teacher, Samuel Gardner (1891-1984), a violinist, teacher and Pulitzer Prize-winning composer, to write some instructional training exercises which would serve middle-level students in the mixed string class setting. They would have to conform to the principles of his "Harmonic Thinking" which was the foundation for my own string teaching.

At first, he wrote some very simple but delightful, harmonically selfsupporting exercises based on diatonic scales and arpeggios. As time passed, the need for more problem-specific exercises was met with a range of short, musical lines which, taken together, formed the beginning of a formalized, progressive method which has resulted in The Intermediate String Class.

I wish to dedicate this work to my father's memory in honor of his many significant contributions to string education in America.

Herbert S. Gardner
Bronx, NY

# THE INTERMEDIATE STRING CLASS 

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## HOW TO USE THIS BOOK!

The Intermediate String Class is organized into 15 key-centered chapters divided into two volumes. These are developmentally linked by a series of graduated steps.

The Teachers Manual contains a full score and an overview of the new work to be covered in each chapter. This materially aids in the preparation of lesson plans. Each numbered line lists the new work to be introduced in that line, teaching suggestions specific to the new work. and ongoing reminders to the teacher. Many additional exercise lines and familier tunes are provided for extra drill and reinforcement. A sample of a portion of a score page appears below. (Note that in the actual score the identifications of the instruments and the accompaniment staves are not included in the interest of space economy.)

## (Title of Line, if any)



Compare the foregoing sample with the first score page to see how an actual work, with teaching suggestions, is formatted.

The success which this book promises is based upon two central ideas: (1) that real music, supported by correct harmonies, counterpoint and voice leading promotes the musical growth of the student, and, (2) that, at this point in the development of young players, the fingers of the left hand have been freed of the constrictions previously imposed by tapes on the fingerboard, finger patterns or the habituation of holding fingers down on the string past the correct rhythmic value of the pitch being played. In other words, "one note, one finger!"

Chapter 1, in C major, has been designed to assist teachers in the accomplishment of this sometimes daunting task. Take this opportunity to enable your students break out of the "D major mold" by requiring them to be responsible for their own intonation. Basically, this is facilitated by asking them two questions: (a) Does it sound right? and (b) How can it be improved?

The teacher must now focus on the ear-training aspects of string teaching and playing. This is a central purpose of the book. Teaching suggestions for achieving this are included throughout. The two piano parts support this goal.

The single staff, Basic Harmonic Support, is included for teachers whose piano skills may be limited, or who prefer to use a "one-hand" technique. The full piano, Enriched Harmonic Support, provides complete accompaniments

## GETTING STARTED

Begin with Chapter I. (C.Major) and continue in sequence. Drill material, tunes and review exercises are included in each chapter. It is a good idea to occasionally go back to previously learned work for review and reinforcement.

When preparing performance materials, it has been found useful to return to the appropriate chapter in The Intermediate String Class to get the players warmed up in a "new" key prior to introducing a new piece.

## Chapter 1 - C Major

Instructional Guide

## Positions:

The violins, violas and 'cellos will remain in I position until Chapter 9. The basses will play in the $1 / 2$ and I positions on the lower strings and will play in the II position on the $G$ string only as a range extending device.

## Objectives:

1. To establish key-sense in a fixed do system.
2. To develop the key signature as arising from the major scale.
3. To create a feeling for fingerboard harmony through the primary chords of $C$ major.
4. To take the first steps in ensemble by playing in contrapuntal style.
5. To play the full range of $\mathbf{C}$ major in first position by both downward and upward extensions of the key.
6. To develop eighth notes in both single flag and beamed notation, leading to the performance of the dotted-quarter, eighth rhythm.
7. To play in more than one meter within this key.
8. To play the incomplete second octave. The bass will repeat the first octave for sonority.
9. To introduce the tie as preparation for the dotted-half note.
10. To learn one key at a time until musical ear control is achieved.

These objectives will be noted in the score along with applicable teaching suggestions for each.

## General Teaching Hints:

PIZZICATO. As a general rule, pluck (pizz) the notes before using the bow. This focuses attention on intonation before adding the complication of the bow.

BOW CONTROL. When starting the quarter notes, place the bow on the string slightly below the middle. Tilt the stick away from the bridge (toward the fingerboard). Establish a definite contact with the string, then draw the bow. Use the middle to upper half of the bow. Keep the bow in the "imaginary grove" to produce a clear sound. This idea will keep the bow from skating across the strings, producing an unclear and "fuzzy" tone.

FINGERINGS. The violins and violas should use both the open strings and the fourth finger as shown in the exercises. This prepares those players for fluency in both the remote keys and for playing in the higher positions which will be introduced in Chapter 9.

SHIFTING. The bass is the first instrument to make use of more than one position. This is in the nature of the instrument and must be taught early. The up-shift to II position will occur between steps $7 \& 8$ of the major scale ( $t i-d o$ ). This strongly leading musical passage compels and propels the hand and fingers as a unit into the higher position. Shifts will also take place on other scale tones as shown in the exercises.

INCOMPLETE SECOND OCTAVE. This novel concept extends each new key out of its do to do configuration both up and down to avoid an unprepared approach to a higher position.

## New Work

## CHAPTER 1-C MAJOR

Violin, Viola, 'Cello in First Position (1) until Chapter 9

FIRST OCTAVE OF C MAJOR
BASS: UP-SHIET TO ILPOS.

Pluck (pizz) first time.
1 Bow (arco) second time.
(Student Book pg. 1)

BASS DOWN-SHIFT TO 1/2 POS.
In measure two, the bass
down-shifts into the half position while playing the open $E$ string. Move the whole hand for the shift.

The bass notes below the first octave show a concept of the downward range of C major into the half position. This range extention will occur in all keys for all insruments. Pupils should be reminded that the lowest pitch in any key is not necessarily dol

Violins and violas should develop use of the fourth finger and open string in all keys.

Establishing the key signatures begins in G major, Chapter 2.


## BUILDING THE KEY SIGNATURE

C-Major Signature - no flats, no sharps
(S. B. pg. 1)


SLURRED OUARTER NOTES
BASS: NEW UP-SHIFT TO II POS.

The violin and viola should use both 4th finger and open strings, as hown

This portamento shift for the bass is the more common one for completing the C major scale. The first finger stays down on the G string while the whole hand upshifts. It is released simultaneously as the second finger is placed on $C$ at the top of the scale.

The basses have two lines. Play the entire exercise three times: the basses play the upper line the first time, the play the upper line the first time, the third time.

Note the counterpoint in the accompaniment. This is part of the preparation for part-playing in later lines.

BEETHOVEN THEME

MELODYDRLLIN CMAIOR BASS: 1/2 POS REYIEW

Note test pitches. Class sings do, re mi
then plucks test notes to establish the third step of $C$ major, the starting pitch for this exercise.

Vioins should use both open string and 4th finger during replays.

The bass begins in 1 pos. and ther downstiftsto half position in measure 5 during the open E. It remains in $1 / 2$ pos. for the rest of the line.

Teachers should continually inspect pupils' technique during all drill lines.

3 Whole-step shift in Bass, step 6 to 7 in the C scale

4 Unison
(S. B. pg.1)

(S. B. pg. 1)






## BASIC ARPEGGIOS (broken chords) IN C MAJOR Developing Fingerboard Harmony

## CONCEPT ORINTONATION

PRINCIPAL TRIADS OF THE MAIOR KEY; LIV, V

## MEASURE NUMBERS

The goal of this line is to establish key sense through fingerboard
hathiony.
Correct playing of the principal tones of a key, steps 1-3-5-8, is the surest guide to good intonation. Once these tones are firmly established, the passing tones $2-4-6-7$, will find their proper harmonic relationship to the principal tones.

Improvement of INDEPENDENT FINGER PLACEMENT is of the utmost importance from this point. on.

Show the pupils how to locate their place in the music by using the printed measure numbers.


For tone improvement, establish a definite bow contact with the string. Then play. Try this three step drill:

1. PLACE the bow on the string.
2. PRESS the bow into the string.
3. PULL the bow down.

The pupils will quickly understand the relationship between bow pressure and speed in order to achieve a fine tone quality!
Have the pupils think of moving the bow in that imaginary bowing groove.


A VARIATION OF THE SCALE

As the scale patterns are changed into the intervals of broken thirds, the underlying factor which best guides the intonation is the HARMONICBASIS.

When playing these intervals, learn to listen to each interval as part of a harmony or chord.
The ear is agian guided by the same principal major triads: I, IV, V7.
This HARMONIC CONTINUITY trains the ear to guide the fingers to the pitches.

For continued TONE IMPROVEMENT establish a firm bow contact with the string using the upper half of the bow.

Playing eachnote twice allows time for the ear to anticipate the next pitch and puts the new note on the down bow tor added strength and emphasis

6 Broken Thirds



## Variation of "Lightly Row"



WHOLEREST
Relate the whole rest to the four quarter rests previously shown.

ACCENT MARKS
Pupils should play the accerted notes with added bow pressure and speed.

Basses should retake the bow on the quarter rest for the double down bow,

## Extending the C Scale Downward for <br> Violins

LOWER EXTENSION OEC SCALE FOR YIOLINS

## HALEREST

This is an important concept for all pupils. The lowest pitch in any string!

In later chapters, teachers might ask what is the lowest playable pitch (on the violin, for example)

In this line, the C major scale, for the violins only is extended downward, C-B-A-G as do-ti-la-sol The other instruments provide the necessary harmonic support.


Below first octave
(StudentBook pg. 2)
9


## Good King Wenceslas

ENSEMBIE PLAYING
In previous exercises, the contrapuntal experience was provided by the piano accompaniments. Here, the instruments develop their own counterpoint by using rests.

In measure 5, the lower voices count silently and re-enter the piece in measure 6. This drill eases the pupils into independent part playing in a painless way!

In measure 13, the whole rest is substituted for the quarter rests.

The downward extention of $C$ major is utilized in the violin and bass parts.

10



## Repeated Eighth Notes

in two notations: single flag \& beamed

EICHTH NOTES ON COUNTS
TWO AND FOUS
THE FOREARMSTROKE
Use of the forearm stroke is to be featured in this line. (If the basses use the German [Butler] bow, their guidelines for this bowing techrique will be different.)

The three joints of the right arm (wrist, elbow, shoulder) should be loose. Play within the upper half of the bow. Use short strokes for the eighth notes.

Keep the same steady beat between the quarters and eighths. Make sure that the two eighths are evenly played in the exact time of one quarter note.

The eighths are first shown with the singie flag then beamed. This prepares the pupils for the easy recognition of the dotted quart and eighth in later chapters.

Have the pupils clap and count this exercise before playing





## Independent Part Playing

COUNTERPOINT WITH QUARTERS AND EIGHTHS AGANGI. Play the slumred notes in the
upper half of the bow as for the upper half of the bow as for the
single stroked eighth notes. Use short forearm strokes
The slurred eighths have the same speed in the fingers as the separate strokes. Only the bow speed changes.

Feel the swing of the beat to find the correct bow speed. Think of the swing of the conductor's baton.

This exercise is the first of several which, collectively, form THE BATTLE OF RHYTHMS!

Ask the basses why they should start this line in half position.

13 Counterpoint Study


COUNTERPOINTIN
CONTRARYMOTION
Developing counter scaleplaying, as in contrary motion, offers new musical values in harmony and rhythm.

In measure three, the lower voices must have their bows ready to make a clear and definite entrance on count two.

Play in March Style, with strong hyythmical accents!



C Major with First and Second Octaves
Upward Extensions of C major

THE SECOND (INCOMPLETE) OCTAVE OFCMAJOR
bASSES SHIET TOMPOS.
The C major scale is extended into the second octave. In order to carry out the coordinated plan of position playing, the violins, violas and cellos remain in the first position.

Violins play the first seven steps of
Violins play the first seven steps of
the second octave of the scale as a the second octave of the scale as
counterpoint to the full second counterpoint to the full sec
octave in the lower voices.
Remind them how to find $F$ on the Estring!
Violins and violas should use both open string and fourth finger, as shown, in all lines. This is in preparation for playing in higher positions and remote keys which come later in this book.

The basses have previously completed the full first octave of $C$ major. Here they will shift to the second position (II). This avoids any higher positions at this time.

These new ranges add a rich sonority to the string enxemble.

The pupils' ears will be guided to the new pitches through the counterpoint.

15 Pizz, then arco
(Student Book pg. 3)




SECOND OCTAVE OFCMAIOR 16 Upward Extension of C Major
IN UNISON AND CONTRARY
(S. B. pg. 3)

IN UNSON AND CONTRARY

The violins play up to $B$ on the $E$ string the violas and cellos to $D$ on the A string.
The bass repeats the first octave with only a slight change.


BROKENCHORDS
The basic arpeggios in the second octave require the same harmonic approach toestablish the pitches as in the first octave. New keys will be presented in the same manner. REMINDER:

Aim for continuous improvement in tone quality. This is achieved by keeping the bow in that IMAGINARY GROOVE, PARALLEL TO THE BRIDGE.

The bow should maintain firm contact with the string. Use the forearm stroke with the upper half of the bow

Have the pupils evaluate their Have the pupils evaluate their
tone and pitch, collectively and individually.

Do their pitches fit into the supporting harmonies provided in the piano part?

Basic Arpeggios in the Second Octave

Bass employs II position to top off arpeggios!



ITALIAN HYMN
(The Dotted-half Note)

THEDOTTED-HALENOTE
THE TIE
RETAKE OF THE DOWN-BOW
This melody follows both the broken chord and scale patterns.
Be sure to drill the rhythmor patterns in measures $5 \& 10$.
Clapping and counting the rhythm s of this piece is good drill techrique.
Use these rhythms to play rote scales and arpeggios as warm-ups to this lesson.

The dotted-half note is developed using the tie as in measure 3 .

The "double down-bow" occurs in measures $6 \& 7$. Note that the new phrase begins with a new
down-bow in measure 7 !

The violins must open the left hand in order to reach from 4thfinger $E$ to 1 st finger $F$ in measure 11.


## Interval Drill

BROKEN THIRDS
EXTENDED SCALE FOR VIOLA ENRICHED ACCOMPANIMENT
Viola: The E, fourth finger on the A string, is introduced for the first time.
Violin: Use of the fourth finger should be well established by now.

The broken thirds in Ex. 19 and 20 are varied for ensemble effects. There are octaves, sixths and thirds in chordal style.

The basic harmonic support uses the simplest harmonies. The enriched accompaniment is treated in an imaginativer manner, adding special emphasis on rhythmic accentuation.
Bass: The portamento shift in measure 6 is done by sliding the hand up to II pos, with the 1st finger maintaining contact with the string. The 4th finger comes down on C as the hand reaches the new position. The hand stays in II position while playing the open $G$ in measure 7 .

Broken Thirds in the Second Octave
19 Unison and Ensemble
5
(S.B. pg. 3)

The cellos and
basses will
re-take an
up-bow in

## Basses

down-shift in
meas. 11


SINGLE NOTES IN THIRDS DELAYED ENTRANCE

In this line, there are single notes for each pitch. This means that the pupils will have to change pitch at a faster speed. This promotes velocity.

The delayed violin entrance in measure 2 is a step toward independent part playing.

Ask the pupils whether all of the parts are the same. This is a good time to introduce the orchestral responsibility for listening to the other sections.

Can the basses locate their shift points (meas. 3 \& 6)?

## Two Octaves of C Major <br> Descant to An Old Oaken Bucket

## 21 Unison and Ensemble

THE SCALE AS DESCANT This simple scale drill within
the two octaves of C major is the two octaves of C major is made doubly interesting by
treating it as a descant to the treating it as a descant to the
tune An Old Oaken Bucket, une An Old Oaken Bucket played by the piano.
Herein lies the charm of counterpoint
This develops individual technique and prepares the ear and mund for ensemble and orchestral playing.


## Yankee Doodle

EINISHING CMAIOR The principle of one key for a chapter greatly benefits the leamer. It gives
him/her time to adjust the ear, mind him/her time to adjust the ear, mind
and fingers to the varying interval and fingers to the varying
combinations in the key.

Students' ensemble playing is
enhanced when they are confident of their ability to find the pitches easily.
In repeating Yankee Doodle, the piano accompariments create different ensemble effects.

Try playing this line as fast as you

If two keyboards are available, ask a
colleague(s) to assist by playing first colleague(s) to assist by playin
one accompaniment, then the one accompaniment, then the
second, and, finally, both togethe

If three hands are available, play the
upper line of Piano B along with the upper line
A part!

22 Unison



# Chapter 2-G Major 

Instructional Guide

Positions:
The violins, and violas will remain in Ist position until Chapter 9. The Cellos will use EXTENDED FIRST POSITION. The basses will play in positions I, II and III.

## Objectives:

1. To establish a moveable do.
2. To develop the key signature as arising from the major scale.
3. To advance fingerboard harmony through the primary chords of G major.
4. To take additional steps in ensemble by playing in canonic style.
5. To play the full range of G major in two octaves by both downward and upward extensions of the key.
6. To develop use of the fourth finger for violins and violas
7. To play in more than one meter within this key.
8. To play the incomplete second octave of G major.
9. To reinforce new concepts by playing repertoire tunes
10. To introducethe principle of chromatics .

Teaching suggestions and performance hints are set forth in the score.

## General Teaching Hints:

PIZZICATO. Continue to pluck (pizz) the notes before using the bow. This focuses attention on intonation and fingering before adding the complication of the bow.

BOW CONTROL. When starting the quarter notes, place the bow on the string slightly below the middle. Tilt the stick away from the bridge (toward the fingerboard). Establish a definite contact with the string, then draw the bow. Use the middle to upper half of the bow. Keep the bow in the "imaginary grove" to produce a clear sound. This idea will keep the bow from skating across the strings, producing an unclear and "fuzzy" tone.

FINGERINGS. The violins and violas should use both the open strings and the fourth finger as shown in the exercises. This prepares the players for fluency in both the remote keys and for playing in the higher positions which will be introduced in Chapter 9.

SHIFTING. The use of extended position for cello ( $0-1-\mathrm{x} 2-\mathrm{x} 4$ ) is introduced to enable the player to perform certain chromatics. The basses will shift through I, II and III positions as the musical demands broaden.

INCOMPLETE SECOND OCTAVE. This concept will be retained for each new key .

BASS POSITIONS: I, II, III

GETTINGINTO GMAIOB G MAIOR WITHOUT SIGNATURE
MODULATION
The violins and violas must slide
the second finger from F to $\overline{F A}$. Do the second finger from $F$ to $\overline{F A}$. Do not hop!

Cellos and basses use a different finger for $\mathrm{F} \#$.

Ask the pupils to define a half-step.

Be sure to support the modulation with the keyboard harmonies provided in the accompaniments.

What is modulation, anyway?
C major Modulating to G Major

1 Through the Ascending Chromatic





KEYSICNATURE
The Fy for this key signature is extracted from the scale and placed at the beginning of the line.
The students' books have the signature printed withina box.
Use the middle to upper half of the bows for this line.

3 G major - with signature


## 4 Basic Arpeggios in G Major

(S. B. pg. 4)

CHORDS OFLIV,V7ING MAJOR
Play this line pizzicato the first time, then arco thereafter.
A good drill tectreique is to highlight each section, in turn, by having it play arco while the other sections others play pizz.
Flagged eighths are reviewed here to prepare for dotted rhythms which will be introduced in a later chapter.



Billy Boy
5



7 More Broken Thirds


Variation on an Old English Tune


## G Major - The Second Octave

The complete second octave for violin, incomplete second octave for viola, 'cello \& bass


BASSES PLAY IN LII \& III POSICIONS

[^0]The basses will employ three positions in this line. Make sure that the whole hand moves as a unit for each shift. In measure 3 , the second finger drops onto $B$ as the hand shifts downward.


## G Major with First and Second Octaves <br> Upward Extensions of G major

UPWARD EXTENSION OFG MAIOR FOR VIOLINS COUNTER-THEMEINLOWER. VOICES

BASSES:NEW SHIET
Violins will explore the full range of $G$ major in first position. Be sure the 4 th finger is employed on the ascent in preparation for the $B$ on ascent in pre

Lower voices will support the
Lower voices will support the
violins with a counter-theme violins with a counter-th
beginning in measure 5 .

Basses will employ the portamento shift in measure 6 . The first finger will remain on the string as the whole hand shifts upward from A
to C in II position. (In slow motion, a to Cin II position. (ll slow motion, a
small glissando will be heard as this occurs.) The fourth finger will land on C as the hand enters 11 position.

As bassists' confidence increases, the speed of this move will effectively eliminate the gliss!


Preparation for two ensembles in G major.

Following are two ensemble selections which serve to summarize the new learnings presented thus far in Chapter 2. Take the time now to review them with your pupils before going ahead. They are:

* Violins \& Violas - Use of the fourth finger, as required. Make sure that the left hand opens so the the fourth finger can reach the pitches in tune.
* 'Cellos - Are they using the upper half of the bow?
* Basses - Review the several shifts introduced so far.


Au Clair de La Lune
(and Billy Boy)


Play line 13 twice: (1) unison, with piano, (2) unison until meas. 13 , then viola, cello and bass play the counter melody (in small notes), with piano only until meas. 13




Chromatics in G Major

CONCEPT OFCHROMATICS HALF-STEP FROM F\# TOF THE 'CHROMATIC SLIDE"
This line introduces the chromatic move from $F \#$ to $F$. The violins and violas will retain the 2nd downward a half step between measures two and three. The same will be true for the violins in their line B, only this time the firs finger will make the half step slide!

Measure 6 requires both the half step and whole step upward from $E$.

The cellos and basses will use different fingers for $\mathrm{F} \#$ and F .

Drill Suggestion - play this line three ways:

1) A part, unisory
2) B part, ensemble;
3) A \& B divisi (switch parts on replay

16 Unison and Ensemble


B


## More Chromatics in G Major



## Thuringian Folk Song

18 Unison, with chromatic in melody
回
(S. B. pg. 6)


Arpeggios in Two Octaves


Make sure that the basses
make a quick, clean up-shift in measure 13, and then
down-shift on the open $D$ in measure 14.


counter-theme:

[9]
13


## Preparatory Ensemble Studies <br> for <br> "Abide With Me"

The following two lines (Nos. $22 \& 23$ ) review a range of technical problems which will be encountered in the Concert Version of Abide With Me (line 24) which can be played in as many as eight parts, plus piano. They constitute a summary of the new skills and understandings which have been introduced in Chapter Two.

This is a good time for teachers to review these skills, not only in lines $22 \& 23$, but by going back into the chapter for additoinal emphasis. Of special importance are the chromatic slides and extentions, the use of extended position for 'cello and the fourth finger for violin and viola.

## 22 Downward Extention of G major

(S. B. pg. 7)



Abide With Me<br>Concert Version

Play this piece at least twice.
First time all play the"A" parts with piano accompaniment. This is the unison version.
Second time, violins "divisi," all others play the "B" part, no piano. This is the ensemble version.
Another option is to have each section solo on the "A" part in turn with the others playing the "B" part.


24 (cont'd)


Old English Dance
Unison and Ensemble
25 Review of C Major (see Chap $1, \neq 1$ )


回








# Chapter 3-D Major 

Instructional Guide

## Positions:

The violins and violas will remain in Ist position until Chapter 9. The Cellos will use both HALF POSITION and EXTENDED FIRST POSITION. The basses will play in positions I, II and III.

## Objectives:

1. To learn the dotted-quarter eighth rhythm in several meters.
2. To play the full range of $\mathbf{D}$ major in two octaves by both downward and upward extensions of the key.
3. To take additional steps in ensemble by playing in contrapuntal style.
4. To require use of the fourth finger for violins and violas
5. To add to the skills required for the playing of chromatics .
6. To add several repertoire pieces for concert use.
7. To begin to observe expression dynamic marks.

Teaching suggestions and performance hints are set forth in the score.

## General Teaching Hints:

CLAPPING AND COUNTING. The development of the dotted rhythms will be facilitated by first counting alound while clapping the music. The plus ( + ) sign in the music should be read as "and." Ex: "one, two and three, four."

PIZZICATO. Continue to pluck (pizz) the notes before using the bow.
BOW CONTROL. Dotted rhythms, half and whole notes will require added attention to drawing a steady, smooth bow.

FINGERINGS. The violins and violas must the fourth finger in order to reach the top of first position as shown in the exercises. Violas and cellos will use the lowered first finger to play the low C\# in this key. The violins will use this technique for A\# on the A string.

SHIFTING. The use of extended position for cello ( $0-1-\mathrm{x} 2-\mathrm{x} 4$ ) is necessary to enable the players to perform in the lower octave of this key. The basses will shift through I, II and III positions as the music demands.


THE DOTTED OUARTER
NOTE-EIGHTHIN 4/4TME
The dot is really the incredible shrinking note!

Show the students that the dot is really a shrunken eighth note first connected to the quarter note by the slastic tie, and then moved next to the quarter.

Have the students count aloud, "one two-and three four". Then, have them clap and count. Then play the passage by rote, pizzicato.

## The Mysterious Dot! Rote to Note



Drilling The Dot!


Basic Arpeggios in D Major
Ties and Slurs with Dotted Quarter-Eighth Notes


Joy To The World
Dotted Quarter in Two Quarter Time


## 7 The Mysterious Dot starts the fourth quarter!



TEACHING SUGGESTIONS:

1. When clapping this and other dotted-rhythm exercises have the pupils use a clasped hands gesture at the dot.
2. At this point, it is usually a good idea to ask the pupils to sing simple lines in a moveable "do" solfege. (Mi, re, do, do, re/mi, re,.,etc.)
3. Don't forget to try new lines pizzicato before using the bow!


## D Major in Two Octaves

(Incomplete Second Octave for Violins)

## TEACHING SUGGESTIONS:

1. The CONCEPT of extending the scale upwards and downwards through the full range of first position for violin, viola and 'cello (and I and M positions for Bass) is explored in lines 9,10 and 11. This is a good time to reinforce the idea that the lowest (or highest) pitch in any scale is not necessarily do.
2. The use of the FOURTH FINGER for violins and violas has been prepared throughout Chapters I and II. In line 9 the fourth finger MUSI be employed to reach the high $B$ and $E$, respectively.
3. Cellos will use both regular and extended positions in line 9.
4. Note names and fingerings are shown in the Students' Books.

## Upward Extension of D Major



## Mozart Melody Variation




In The Gloaming
Concert Version in D Major


D Major Arpeggio
Ensemble

cello-stems up; bass-stems down

9)

13


TEACHING SUGGESTION:

1. Split the violins between the $A$ and $B$ parts. Interchange on replav.

## New Chromatics in D Major



D Major Scale With Chromatics

ADDED SCALE TONES
In this line, chromatics are included in the D scale as passing tones. Students should apply the fingerings learned in line 14 to this exercise.

Play this line three times as in line 14. Try using varying dynamic levels on the replays.

Bowing: Use separate strokes the first time through, then slurs as shown.

Position numbers for cello and bass have been omitted. The the position utilized.

15 Unison

"Chromatic Waltz"
Introducing a New Chromatic
16 Unison
(Play three times, as in nos. $14 \& 15$ )
5
(S. B. pg. 11)

"Chromatic Waltz" (cont'd)


Preparation for "Largo" Chromatic Ensemble and Rhythmic Variation
17 Violins divisi. Interchange A and B parts on replay.
(S. B. pg. 11)


Piano for rehearsal only.




# Chapter 5- A Major 

Instructional Guide

## Positions:

The violins and violas will remain in Ist position until Chapter 9. The Cellos will use both HALF POSITION and EXTENDED FIRST POSITION. The basses will play in positions $1 / 2$, I, II, II $1 / 2$ and III.

## Objectives:

1. To modulate from C major to A major
2. To learn how to play in the full range of A major
3. To play a detached stroke
4. To play the dotted-quarter eighth in three-quarter time
5. To perform an extended adaptation of the theme of a Mozart Piano Sonata

Teaching suggestions and performance hints are set forth in the score.

## General Teaching Hints:

FINGERING. In this chapter the pupils will be required to play the pitches G\# and C\# by using a lowered first finger. The basses will employ $1 / 2$ position for these notes. In addition, the violins and violas will be required to used an extended third finger as well as the fourth finger to reach familiar pitches in a new key context.

BOWING. The detached slurs in line 3 should be done with a smooth up-bow,
PIZZICATO. Continue to pluck (pizz) the notes where indicated before using the bow.
SHIFTING. The use of extended position for cello will occur with increasing frequency in this and later chapters. The basses will shift through 1/2 I, II, II 1/2 and III positions as the music demands.

## CHAPTER 5 - A Major

DEVELOPING A MAJOR-
Violins, violas and cellos must slide the first finger back for $G \#$ and then forward for $A$ (meas. $5 \&$ and then
6 and 8 ).


The Detached Stroke

THE SIGNATURE OE A MAIOR THE DETACHED BOW-STROKE

Review the origin of key signatures by showing how the accidentals required for this key are taken from the scale and placed at the beginning of the line. Also point out that the order of the sharps in the sipnauture does NOT correspond to the order of their appearance in this scale.

The new bowing 'DOWN, UP
UP," requires that the bow be kept on the string throughout. Thehalt-note down bow is a notes are really one single up bow with a brief rhythmic pause between the two quarter notes.
Try for a smooth transition between the two up bows.


## 4 Basic Arpeggios in A Major

REACHING THE MAIOR THIRDS ATOC\#.ANDETOG\#
The violins, violas and cellos are challanged in this line to perform the $A$ to C Fand E to $\mathrm{G} \#$ intervals IN TUNE! This requires a new sensation or feel in the left hand

The violins and violas must REACH OUT with their third fingers to achieve the $C \#$ and $G \#$ in tume. The first finger must release from the string at the same moment as the third finger strikes the C\# or G\#.

The cellos must REACH OUT with heir fourth fingers so that they expand the hand by a half step in order to play the CH and G\# in tune. The first finger must release from the string at the same moment as the fourth fingers strikes the C\#or G\#. For some players, those with small hands, a tiny, upward portamento slide of the first finger is appropriate. This will insure that the fourth finger can be placed with confidence.

## Basses must downshift to half

position in order to play the Gf on the $G$ string. This will necessitate two quick shifts in sucession between measures $5 \& 6!$

ntw"sensamons" inuhe LEETHAND
This deceptively simple line tests the independance of the fingers of the leff hand for violins, violas and cellos.?

The major third $A$ to $C \#$ requires these pupils to "take a giant" step with the appropriate finger in
order to play this interval in tune.

Violins and violas must use their fourth fingers as shown. This is another example of how the left hand mus tbe FLEXIBLEe so that
the minor third between F\# and A the minor third betwe

The cellos must expand their reach for the A to C \# interval.

5 Broken Thirds


COMPLETE SECOND OCTAVE EOR YIOLINS
INCOMPLETE SECOND OCTAVE FOR VIOLA, CELLO \& BASS
(Note names for the second octave are shown in all parts)

Although there are no "new" notes in this line, pupils should pluck the notes first because of the new key context.




Theme from "The Bartered Bride" adapted from the opera by Smetana


## Downward Extension of A Major

9 Ensemble
(Student book, pg. 16)

REACHING THE LOWEST PITCHINA MAJOR
EXTENDED FOURTH EINGER FOR VIOLAS

What is the lowest possible pitch in A major for each of the string instruments?
Violins are asked to employ fourth finger for $A$ in measure 5 , as shown. This is good techuique and is preparatory to playing in the higher positions and remote keys.

The violins, violas and'cellos will employ the lowered first finger to achieve the low $G$ \# and $C \#$ required in this key.

The Violas are asked to extend the fourth finger in measure 3 so that the scale fragment G\# down to C\# can be played solely on the $C$ string. This demands extra flexibility in the left hand.

The cellos will employ extended position to reach the same pitches.
(Note names are included in cello and bass parts)


## Broken Thirds in Two Octaves

Unison and Ensemble


11 Pluck, then bow.


12 More Rhythm Drill






## Mozart at the Piano

Adapted from the Piano Sonata



# Chapter 6-A Minor 

Instructional Guide

## Positions:

The violins and violas will remain in Ist position until Chapter 9. The Cellos will use both LOWERED and EXTENDED FIRST POSITION. The basses will play in positions $1 / 2$, I, II, and III.

## Objectives:

1. To move easily from A major to A minor
2. To learn how to play contrapuntally, using delayed entrances
3. To review the detached stroke
4. To review the dotted-quarter eighth
5. To perform an extended adaptation of "Hatikvah"

Teaching suggestions and performance hints are set forth in the score.

## General Teaching Hints:

FINGERING. In this chapter the violins will be required to play both $f \#$ and $f$ natural on the $E$ string with the first finger. They will also be required to play in the melodic minor on the same string. This requires that the fingers of the left hand not remain on the string longer than the correct rhythmic value of each note.

BOWING. The detached slurs in line 4 (measure 6) are preceded by a normal slur. This is a new and sophisticated skill.

SHIFTING. The use of extended position for cello will occur with increasing frequency in this and later chapters. The basses will shift through $1 / 2$ I, II and III positions as the music demands. Violins and violas will make minute shifts within first position to reach the required pitches in these keys.

## CHAPTER 6 - A MAJOR TO A MINOR

## A major to the Parallel A minor in the second octave without signatures




A major to A minor in the First Octave

MAIOR AND MINOR MODES IN THE LOWER OCTAYE
This unison drill features the lowered third and sixth steps for all instrumets.

Encourage the pupils to identify Encourage the pupils to identify define the major and minor tonalities in this line.
Violirs, violas and cellos will use a lowered first finger for the low G\#.
Cellos will employ both first position and extended first position in this line.
Basses will remain in first position for this line.


Two Octave Melodic Minor on $\mathbf{A}$
(Raised and Lowered 6th \& 7th Steps)



Chorale in $\mathbf{A}$
Harmonic and Rhythmic Preparation for "Hatikvah"


Hatikvah in A Minor
Concert Version

## 8 Ensemble




18
A little broader





# Chapter 7- New Steps for Review 

Instructional Guide

## Positions:

Positions previously learned will be reviewed in this chapter. The violins will use extended first position to reach the high C on the E string.

## Objectives:

1. To play easily in the keys of $\mathrm{A}, \mathrm{C}, \mathrm{G}$ and D major and D minor
2. To improve part-playing skills through counterpoint
3. To learn to play diminished fifths
4. To advance playing of chromatic passages
5. To review the dotted-quarter eighth
6. To perform concert versions of familier melodies

Teaching suggestions and performance hints are set forth in the score.

## General Teaching Hints:

FINGERING. The violins will reach the high C on the E string by extending the fourth finger out of first position. All instruments will practice the SLIDE of a finger on the string in order to play adjacent half-steps in chromatic passages. Conversely, when a diminished fifth is played with the SAME finger, it must be lifted from the first pitch and replaced onto the second.

BOWING. Slurred groupings appear more frequently in this chapter.
SHIFTING. The violins and violas are asked to use the fourth finger throughout this chapter instead of open strings. This is in preparation for playing in the higher positions which are introduced in Chapter 9. The Cellos and basses will continue using the upper and extended positions previously introduced.

## CHAPTER 7 - New Steps for Review

Part 1 - Review of C, G, D major and minor, A major
Scale Ensemble in Counterpont Style
Student Book pg. 19.
1
REVIEW OF CMAIOR
This chapter reviews previously studied keys using a variety of rhythms already learned.

Warm up for this lesson by going over the C major scales in Chapter


Stephen Foster Melody Unison Review of C Major


[2]





Ensemble Within Two Octaves

3 Ensemble

use 4 th finger as shown


## Extending The Chromatic Patterns

In this line, violins and violas will get extensive practice with the fourth finger. This is a prelude to learning to play in the higher positions.

All instruments will drill chromatic half-steps using the same finger for two adjacent pitches. Keep the finger on the string during the half-step slide!


## Diminished Fifths in C Major

Is there life after G 7? In this line the violas will use the 2nd finger and the violins will use the 1st and 2nd fingers to play the diminished 5th between $b$ and $f$. The implied half-step movement of these fingers takes place IN THE AIB as the finger moves from one string to the other.


Reuben and Rachel
Concert version in Canonic Style
Play this line three times: 1. For UNISON, all parts begin tume in first measure (lower voices disregard opening rest measure) At measure 9, cellos and basses repeat first eight measures.
2. In CANONIC STYLE as written, with or without basic piano support.
3. For CONCERT, play strings alone or with enriched piano accompaniment.


## Foster Melody for Concert Ensemble <br> A Study in Dynamic Balance

For concert use, play STRINGS ALONE, with violins
interchanging the A \& B parts on re-play.

In Moderate Tempo


Foster Melody (cont'd)


Part 2 - Unison Melodies
in G, D and A Major for concert with piano

Review G major scales Chapter 2, nos. 2 \& 9

All Through the Night
Welsh Folk Tune




Beethoven Theme
From the 9 th Symphony
Review A major,
10 Chapter 5, nos. $2 \& 6$.

5
S. B. pg. 20

(from original)


Part 3 - Performance Pieces
Long, Long Ago
Concert Version in C Major
11 The Theme, in Unison


FOR CONCERT


9
13


Long, Long Ago (11 cont'd)


Long, Long Ago (11 cont'd)


Ensemble
12 Steady Tempo.



## Part 4-Chromatic Designs in D Minor to Major

Variations on aViolin Etude by Wohlfart
Unison and Ensemble

CHROMATICSINTWO OCIAVLS.
Each voice has two parts; A \& B. Try this line with all A parts, all B parts and in This is a good time to review the princi;ples of chromatics. When two adjacent pitches finger SLIDE the finger on the string from one pitch to the other. The violins and violas will find examples of this chromatic slide in both octaves.

Counterthemes will pop up in the piano accompaniments in this line and in No. 14 !


Rhythmic Variation of Line 13 (assign parts as in line 13)


## Variation of Wohlfart Etude



Battle of the Titans
Beethoven vs. Wohlfart


( 16 , cont d )


PLAY NO. 16 THREE WAYS: INTERCHANGE PARTS (see examples below)

1. All play the (A)part as a unison theme to the end
2. Violin - repeat (A) part to measusre 9 then (B) part, as descant with (A) part tacet Viola, cello, bass - play the (B) part - theme for ensemble
3. Violin - Same as second time - concert ensemble

Viola, celo, bass - play the (A) part - concert ensemble
THE PIANO IS AD LIB, BUT SHOULD PLAY THIRD TIME FOR CONCERT ENSEMBLE

## Condenced Ensemble Patterns Showing Various Tonal Balances



102 A

## Chapter 8 - F Major

Instructional Guide

## Positions:

Violins and violas will employ a "lower first position" so that their Bb and F naturals can be comfortably reached. The cellos will use the lower extended position and the basses will play from half position to III position.

## Objectives:

1. To play easily in the key of F major in both available octaves
2. To play chromatics in F major
3. To learn to play in "eighth time" $(4 / 8 \& 6 / 8)$
4. To play $6 / 8$ time in two beats
5. To play triplets
6. To learn how to play up-beats (The Anacrusis)
7. To play mixed meters in ensemble
8. To play first and second endings

Teaching suggestions and performance hints are set forth in the score.

## General Teaching Hints:

FINGERING. The violins will reach the Bb on the A string and the F on the E string by placing the first finger on the tip one half step above the open string. In this key, the extension from 4th finger to 1st is larger than in keys already studied. Allow the thumb to move back (a "lower first position") to accomodate this requirement. Violas must allow the second finger to release from the string as soon as the fourth finger is placed. This helps the fourth finger to extend to reach the correct pitch. Cellos will reach backward into the lowered extended position to play the Bb on the A string.

BOWING. Generally speaking, single up-beat notes ("pick-ups") will be taken up-bow, while the opposite will be true for double note up-beats.

ENSEMBLE CHALLANGE. The combining of meters and triplets in duple against $6 / 8$ time will test the pupils' ability in independent part-playing.

## CHAPTER 8 - F MAJOR

Success in playing in this and other "flat" keys is achieved by allowing the left hand to find its natural, lowered first position. Violins will need to do this immediately in line 1 so that their Bb's \& F's will be secure. Violas will do this in line 5 . The bass will begin this key in half position. Cellos will employ the lower extended position in line 5.


2 F major - with signature




Extending the F Scale - Up \& Down



Arpeggio Ensemble
with chromatics in F Major


Broken Thirds in Ensemble


Frere Jacques Goes Round and Round



## Theme and Variations for New Rhythms

Development of "EIGHTH TIME." The next 5 lines will introduce the students to the concept of giving one count to an eighth note. From $2 / 4$ through $4 / 8$ to $6 / 8$ meters, these lines will use "Frere Jacques" to build confidence with this new concept. Students should clap and count each of these lines to reinforce rhythmic understanding.

9 Very slowly (in 2)
Student Book pg. 24


9a Variation I (in 4 - same speed as No. 9)


## 6/8 Time - Eighth Notes and Rests

The concept of six eighth notes in a measure is introduced here for the first time. Teachers are encouraged to further this concept by suggesting to students that ANY number of notes (beats) can be organized into a single measure and that they will find, in much modern music, exactly that.


## Development of $6 / 8$ Time in Two Beats

9c Variation III - Two eighths tied into a quarter


Play this line three times:

1. For UNISON, all parts begin tune in the first measure with notes; play eight measures.
2. The ROUND, as written with or without basic piano accompaniment.
3. For CONCERT, strings alone or with regular piano accompaniment.


Concert Version of "Sweet and Low"
Old Scottish Tune by Joseph Barnby (1818-1896)
Play this line twice:

1. Unison melody with piano
2. Violins and violas repeat melody until measure 15 , then violins divisi A \& B, violas B part only, cellos \& basses play counter-melody divisi. No piano.
11 Slowly, in 6 $\qquad$
Student Book pg. 25


The Up-Beat
Two new concepts are introduced in this line:

1. The up-beat (the"pick-up"). Students should be introduced to the idea of the "missing rests" at the beginning and the end of this line.
2. First and second endings. Students must go back to the repeat mark at the first full measure then


Norwegian Folk Song


Auld Lang Syne
Concert Version in F Major
Play twice:

1. Unison melody with piano
2. Violins repeat melody, viola and cello countermelody, bass harmony
S. B. pg. 26

15 Unison and Ensemble
[.




For He's A Jolly Good Fellow
Old French Tune
Play twice:

1. In 6 beats to the bar

16 2. In 2 beats to the bar


Irish Jig


"See-Saw with "Row-Row"
Ensemble with Triplets
19 In 2

"Boogie-Cha" with Auld Lang Syne
The "Battle of Meters" - 6/8 vs. 4/4
Counterpoint Ensemble in F Major


Violins divide into A \& B parts in measures 18 -


20 (cont'd)
Same Beat, in 4 (6/8 into Triplet Equals One Quarter)



[^0]:    Violins and violas use both fourth finger and open strings on successive replays.

